

WOMENSCOUNCIL.WI.GOV

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STATE AND COMMUNITY PARTNERS HOST COMMUNITY DISCUSSION ON CAREGIVING

Long winters in Wisconsin can be stressful for many family caregivers.

January 18, 2018, Appleton, WI. The public is invited to a **Community Discussion on Caregiver Needs, Local Resources and Supports,** January 29, 2018, in Appleton. Hosted by WisconSibs, Inc., this event is offered through a collaboration between the Wisconsin Women's Council, Wisconsin Department of Health Services, Office on Aging, and Respite Care Association of Wisconsin.

Monday, January 29, 2018 211 E. Franklin Street, Appleton, WI

Free & Open to the Public

Two sessions are offered

1:30 – 3:00 pm Focus on special needs adult and child family caregivers

4:30 – 6:00 pm Focus on family caregivers including senior, dementia/Alzheimer's

and special needs care.

JOIN US and ...

Get your questions answered about family caregiving and learn about area resources and supports, many free of charge — even if you are not a current caregiver. An expert panel, featuring Outagamie County Aging & Disability Resource Center, Mosaic Health, Respite Care Association of Wisconsin, and local family caregivers, will be on hand to answer questions and share information on available resources.

Be heard! The Wisconsin Department of Health Services and Wisconsin Women's Council will host a listening session where you can share what you would like to see happen with programs and services in the area of caregiving.

Employers are encouraged to share this opportunity with employees who are or may become family caregivers, balancing the demands of work and caregiving for loved ones.

Additional event information is available at www.womenscouncil.wi.gov.

continued

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DID YOU KNOW:

- The typical family caregiver is a 49-year-old woman caring for her widowed 69-year-old mother who does not live with her. **She is married and employed**.
- Approximately **66%** of family caregivers are women. More than 37% have children or grandchildren under 18 years old living with them.
- More than 96% of family caregivers provide help with activities to support daily living and keep loved ones out of institutional care, such as personal hygiene, dressing and undressing, getting in and out of bed, taking prescribed medications, shopping for groceries, home management, health care management, and/or transportation.

sources: Caregiving in the United States, National Alliance for Caregiving in collaboration with AARP, 2009; Home Alone: Family Caregivers Providing Complex Chronic Care, AARP and United Health Hospital Fund, 2012.

About the Women's Council

The Wisconsin Women's Council, established in 1983, is Wisconsin's statutory commission on the status of women and girls. The Council promotes initiatives that empower women, serves as a clearinghouse for information on programs and resources, provides research and advocacy, and promotes unique partnerships to address barriers and inequalities affecting Wisconsin women. The Council operates under the guidance of a 15-Member Board appointed by the Governor and Legislative leaders. For more information about the Wisconsin Women's Council, visit our web site at http://womenscouncil.wi.gov.

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